

MSOP Moose Lake Cycle Menu

Summer 2015

Date: Sept 28th thru Oct 4th

WEEK 1

MONDAY	28	TUESDAY	29	WEDNESDAY	30	THURSDAY	1	FRIDAY	2	SATURDAY	3	SUNDAY	4
^ ^ ^ ^ BREAKFAST ^ ^ ^ ^													
Orange Juice	1ea	Apple Juice	1ea	Grape Juice	1ea	Orange Juice	1ea	Apple Juice	1ea	Grape Juice	1ea	Orange Juice	1ea
Raisin Bran	1cup	Rice Crispies	1cup	Fruit Loops	1cup	Bran Flakes	1cup	Toasted Oats	1cup	Cocoa Munches	1cup	Corn Flakes	1cup
Fried Egg	2ea	Mini Corn Dogs	6ea	Breakfast Pizza	1ea	French Toast	2sl	Peanut Butter	1oz	Blueberry Pancakes	2ea	Coffee Cake	1ea
Wheat Toast	2sl	White Toast	2ea	Sugar	3pkt	Syrup	2pkt	Oatmeal Toast	2sl	Syrup	2ea	Yogurt	4oz
Margarine Cups	2pkt	Margarine Cups	2pkt	Milk	1ea	Margarine Cups	2pkt	Margarine Cups	2pkt	Sugar	3pkt	Sugar	3pkt
Jelly	2pkt	Syrup	2pkt	Coffee	1cup	Sugar	3pkt	Jelly	2pkt	Milk	1ea	Milk	1ea
Sugar	3pkt	Sugar	3pkt			Milk	1ea	Sugar	3pkt	Coffee	1cup	Coffee	1cup
Milk	1ea	Milk	1ea			Coffee	1cup	Milk	1ea				
Coffee	1cup	Coffee	1cup					Coffee	1cup				
^ ^ ^ ^ LUNCH ^ ^ ^ ^													
Turkey & Swiss Sub	1ea	Chicken Quesadilla	1ea	Tomato Soup	8oz	Beef Gyro	1ea	Grilled Chicken	1ea	Sloppy Joe	4oz	BLT	1ea
Broccoli	4oz	Corn	4oz	Grilled Cheese	1ea	Chips	1oz	Corn	4oz	Bun	1ea	Garden Salad	1cup
Lettuce	1oz	Salsa	4oz	Garden Salad	1cup	Fresh Fruit	1ea	Spinach Salad	1cup	Potato Salad	8oz	Fresh Fruit	1ea
Tomato & Onion Sliced	2oz	Lettuce	1oz	French Dressing	1ea	Creamy Cucumbers	4oz	Fruit Cocktail	4oz	Broccoli	4oz	Ranch/Mayo	1ea
Pineapple	4oz	Diced Tomato	2oz	Pears	4oz	Tzatzki Sauce	1oz	!000 Island Dressing	1pkt	Fresh fruit	4oz	Margarine Cups	2ea
Mayo/Mustard	1ea	Sour Cream	1ea	Saltine Crackers	1ea	Tomato Slices	2ea	Tomato Slice	2ea	Orange Beverage	1cup	Multi Grain Bread	2ea
Fruit Punch Beverage	1cup	Fresh Fruit	1ea	Grape Beverage	1cup	Pita Bread	1ea	Bun/ Mayo	1ea			Green Beans	4oz
		Tortilla Chips	1oz			Orange Beverage	1cup	Lemon Beverage	1cup			Grape Beverage	1cup
		Lemon Beverage	1cup										
^ ^ ^ ^ DINNER ^ ^ ^ ^													
Beef Steak	1ea	Beef Stir Fry	6oz	Creamed Chicken	6oz	Pork Chop	1ea	Fish &	1ea	Beef Bologna &		BBQ Chicken	1ea
Gravy	3oz	Rice	8oz	Egg Noodles	8oz	Baked Potato	1ea	Chips	1cup	Cabbage	6oz	Macaroni Salad	1cup
Mashed Potato	8oz	Assorted Cookies	1ea	Carrot Coins	4oz	Carrots	4oz	Broccoli	4oz	Mashed Potatoes	8oz	Green & Gold Beans	4oz
Diced Beets	4oz	Multi Grain Bread	2sl	Combread	1ea	French Bread	2ea	Wheat Bread	2ea	Garlic Breadstick	1ea	Dinner Roll	2ea
Dinner Roll	2ea	Margarine Cups	2pkt	Honey Butter	1oz	Margarine Cups	2pkt	Tartar Sauce	1ea	Margarine Cups	2ea	Margarine Cups	2ea
Margarine Cups	2ea	Soy Sauce	1pkt	Ice Cream Treat	1ea	Sour Cream	1oz	Margarine Cups	2pkt	Fruited Jell-O	4oz	Cheesecake Bar	1ea
Blueberry Cobbler	4oz	Milk	1ea	Milk	1ea	Bakers Choice Cake	1ea	Bakers Choice Bar	1ea	Milk	1ea	Milk	1ea
Milk	1ea					Milk	1ea	Ketchup	2ea				
								Milk	1ea				



MSOP Moose Lake Cycle Menu

ALTERNATIVE 2015

Date: Sept 28th thru Oct 4th

WEEK 1

MONDAY	28	TUESDAY	29	WEDNESDAY	30	THURSDAY	1	FRIDAY	2	SATURDAY	3	SUNDAY	4
^ ^ ^ ^ LUNCH ^ ^ ^ ^													
Pasta Ziti Casserole	8oz	Veg Quesadilla	1ea	Tomato Soup	8oz	Vegt Gyro Sandwich	1ea	Vegt Breaded Chicken	1ea	Vegt Sloppy Joe	4oz	Veg Stuffed Pepper	1ea
Broccoli	4oz	Corn	4oz	Tuna Salad Sandwich	1ea	Chips	1oz	Corn	4oz	Bun	1ea	Garden Salad	1cup
Lettuce	1oz	Salsa	4oz	Garden Salad	1cup	Fresh Fruit	1ea	Spinach Salad	1cup	Potato Salad	8oz	Fresh Fruit	1ea
Tomato & Onion Sliced	2oz	Lettuce	1oz	French Dressing	1ea	Creamy Cucumbers	4oz	Fruit Cocktail	4oz	Broccoli	4oz	Ranch/Mayo	1ea
Pineapple	4oz	Diced Tomato	2oz	Pears	4oz	Tzatzki Sauce	1oz	1000 Island Dressing	1pkt	Fresh fruit	4oz	Margarine Cups	2ea
Mayo/Mustard	1ea	Sour Cream	1ea	Grape Beverage	1cup	Tomato Slices	2ea	Tomato Slice	2ea	Orange Beverage	1cup	Multi Grain Bread	2ea
Fruit Punch Beverage	1cup	Fresh Fruit	1ea			Orange Beverage	1cup	Bun/ Mayo	1ea			Green Beans	4oz
		Tortilla Chips	1oz					Lemon Beverage	1cup			Grape Beverage	1cup
		Lemon Beverage	1cup										
^ ^ ^ ^ DINNER ^ ^ ^ ^													
Vegt Meatballs	4ea	Vegt Tofu Stir-Fry	6oz	Italian Bean Bake	6oz	Vege Burger Loaf	1ea	Black Bean Burger	1ea	Cheese Tofu Wrap	1ea	BBQ Vege Riblett	1ea
Mushroom Sauce	3oz	Rice	8oz	Egg Noodles	8oz	Baked Potato	1ea	Oven Baked Fries	4ea	Spinach Salad	1cup	Macaroni Salad	1cup
Mashed Potato	8oz	Assorted Cookies	1ea	Carrot Coins	4oz	Carrots	4oz	Broccoli	4oz	Dressing	8oz	Green & Gold Beans	4oz
Diced Beets	4oz	Multi Grain Bread	2sl	Cornbread	1ea	French Bread	2ea	Wheat Bread	2ea	Garlic Breadstick	2ea	Dinner Roll	2ea
Dinner Roll	2ea	Margarine Cups	2pkt	Honey Butter	1oz	Margarine Cups	2pkt	Tartar Sauce	1ea	Margarine Cups	2ea	Margarine Cups	2ea
Margarine Cups	2ea	Soy Sauce	1pkt	Ice Cream Treat	1ea	Sour Cream	1oz	Margarine Cups	2pkt	Fruited Jell-O	4oz	Cheesecake Bar	1ea
Blueberry Cobbler	4oz	Milk	1ea	Milk	1ea	Bakers Choice Cake	1ea	Bakers Choice Bar	1ea	Milk	1ea	Milk	1ea
Milk	1ea					Milk	1ea	Ketchup	2ea				
								Milk	1ea				
Milk	1ea									Milk	1ea		

CLIENT NAME:

LIVING UNIT:

MSOP Moose Lake Cycle Menu
Summer ALTERNATIVE
 DATE: Oct 5th thru Oct 11th

WEEK 2

MONDAY	5	TUESDAY	6	WEDNESDAY	7	THURSDAY	8	FRIDAY	9	SATURDAY	10	SUNDAY	11
^ ^ ^ ^ LUNCH ^ ^ ^ ^													
Red Beans & Rice	8oz	Vege Like Taco Meat	1/2cup	Broccoli & Noodles		Tuna Melt	1ea	Sweet & Sour		Falafel Chickpea Patty	1ea	Swiss & American	
White Bread	2sl	Flour Tortilla	2ea	Parmesan	8oz	Waffle Fries	1cup	Vegt Meatballs	4ea	Celery Sticks	4ea	Cheese Sandwich	1ea
Creamy Coleslaw	4oz	Black Beans	4oz	Fresh Fruit	1ea	Carrot Coin	1/2cup	Fluffy Rice	8oz	White Bread	2ea	Tator Tots	1cup
Diced Pears	4oz	Sredded Cheese	2oz	Multi Grain Bread	2sl	Fruit Turnover	1ea	Cheese Slice	1ea	Garden Rotini Salad	4oz	Carrot Sticks	4ea
Fruit Punch Beverage	1cup	Diced Onion & Tomato	2oz ea	Margarine Cups	2pkt	Margarine Cups	2ea	Lettuce	1oz	Shredded Cheese	2oz	Chilled Peaches	4oz
		Lettuce	2oz	Cauliflower & Red Pepp	4oz	Orange Beverage	1cup	Tomato Slices	2sl	Lettuce	1oz	Ranch Dressing	1ea
		Sour Cream	1ea	Grape Beverage	1cup			Marinated Cucumbers	4oz	Diced Tomato	2oz	Ketchup	2pkt
		Salsa	4oz					Mandarian Oranges	4oz	Ranch Dressing	1ea	Saltine Crackers	1ea
		Banana	1ea					Lemon Beverage	1cup	Grape Beverage	1cup	Orange Beverage	1cup
		Tortilla Chip	1cup										
		Lemon Bevergae	1cup										
^ ^ ^ ^ DINNER ^ ^ ^ ^													
Vege Beef-like Pot Pie	1cup	Tuna Burger	1ea	Vege Chicken Nugget	6ea	Hard Boiled Egg	2ea	Peanut Butter		Vege Beef Burger Loaf	1ea	Cheddar Cheese	
Glazed Sweet Potatoes	1cup	French Fries	1cup	Mashed Potatoes	4oz	Cheese Shredded	2oz	Jelly Sandwich	2ea	Baked Potato	1ea	Baked Cod	1ea
Buttermilk Biscuit	2ea	Seasoned Zucchini	4oz	Seasoned Green Bean	4oz	Caesar Salad	1cup	Fresh Fruit	1ea	Capi Blend Vegetables	4oz	Penne Pilaf	4oz
Garden Salad	1cup	Ketchup/Mustard	2ea	Wheat Dinner Roll	2ea	Ceasar Dressing	1pkt	Yogurt	4oz	Sour Cream	1oz	Broc & Red Pepper	4oz
Italian Dressing	1pkt	Bun	1ea	Country Gravy	2oz	Italian Bread	2ea	Milk	1ea	WW Bread	2sl	Breadstick	1ea
Margarine Cups	2pkt	Peanut Butter Brownie	1ea	Margarine Cups	2ea	Ice Cream Sundae	1ea			Apple Crisp	4oz	Margarine Cups	2ea
Assorted Cookies	1ea	Milk	1ea	Cinnamon Applesauce	2oz	Margarine Cups	2ea			Cottage Cheese	4oz	Bakers Choice Cake	1ea
Milk	1ea			Dipping Sauce	1ea	Milk	1ea			Margarine Cup	2ea	Milk	1ea
				Milk	1ea					Milk	1ea		

CLIENT NAME:



LIVING UNIT:

MSOP Moose Lake Cycle Menu

Summer 2015

DATE: Oct 5th thru Oct 11th

WEEK 2

MONDAY	5	TUESDAY	6	WEDNESDAY	7	THURSDAY	8	FRIDAY	9	SATURDAY	10	SUNDAY	11
^ ^ ^ ^ BREAKFAST ^ ^ ^ ^													
Apple Juice	1ea	Grape Juice	1ea	Orange Juice	1ea	Apple Juice	1ea	Grape Juice	1ea	Orange Juice	1ea	Apple Juice	1ea
Cheerios	1cup	Frosted Flakes	1cup	Granola	2oz	Froot Loops	1cup	Oatmeal	1cup	Honey Nut Cheerios	1cup	Corn Flakes	1cup
Peanut Butter	1oz	Hard Boiled Egg	2ea	Strawberry Yogurt	4oz	Fried Egg	2ea	Cin. French Toast	2sl	Breakfast Cookie	1ea	Cinnamon Roll	1ea
Wheat Toast	2sl	Wheat Toast	2sl	Bran Flakes	1cup	Wheat Toast	2sl	Syrup	2pkt	White Toast	2sl	Yogurt	4oz
Margarine Cups	2ea	Margarine Cups	2ea	Sugar	3ea	Margarine Cups	2ea	Margarine Cups	2ea	Margarine Cups	2ea	Margarine Cup	2ea
Jelly	2pkt	Jelly	2pkt	Milk	1ea	Jelly	2ea	Sugar	3pkt	Jelly	2pkt	Sugar	3pkt
Sugar	3pkt	Sugar	3pkt	Coffee	1cup	Sugar	3ea	Milk	1ea	Sugar	3pkt	Milk	1ea
Milk	1ea	Milk	1ea			Milk	1ea	Coffee	1cup	Milk	1ea	Coffee	1cup
Coffee	1cup	Coffee	1cup			Coffee	1cup			Coffee	1cup		
^ ^ ^ ^ LUNCH ^ ^ ^ ^													
Hot Dog	2ea	Chicken Taco Meat	4oz	Jambalaya w/Rice	1cup	BBQ Pork	4oz	Fish Fillet	1ea	Turkey Ranch Wrap	1ea	Pizza Burger on Bun	1ea
Creamy Coleslaw	4oz	Flour Tortilla	2ea	Cauliflower &		Waffle Fries	1cup	Dill Bun	1ea	Garden Rotini Salad	4oz	Tator Tots	1cup
Diced Pears	4oz	Black Beans	4oz	Red Pepper	4oz	Carrot Coins	1/2cup	Pickles	3ea	Fresh Fruit	1ea	Carrot Coins	4oz
Ketchup/Mustard	2ea	Cheese	2oz	Multi Grain Bread	2sl	Hamburger Bun	1ea	Cheese Slice	1ea	Shredded Cheese	1oz	Chilled Peaches	4oz
Bun	2ea	Diced Onion & Tomato	2oz	Margarine Cups	2pkt	Fruit Turnover	1ea	Lettuce	1oz	Lettuce	1oz	Ranch Dressing	1ea
Diced Onions	1oz	Lettuce	2oz	Fresh Fruit	1ea	Margarine Cups	2ea	Tomato Slices	2sl	Diced Tomato	2oz	Ketchup	2pkt
Fruit Punch Beverage	1cup	Salsa	4oz	Grape Beverage	1cup	Ketchup	2ea	Marinated Cucumbers	4oz	Turkey	3oz	Orange Beverage	1cup
		Tortilla Chips	1oz			Orange Beverage	1cup	Mandarin Oranges	4oz	Creamy Dill Ranch	1oz		
		Banana & Sour Cream	1ea					Tartar Sauce	1pkt	Tortilla	1ea		
		Lemon Beverage	1cup					Lemon Beverage	1cup	Grape Beverage	1cup		
^ ^ ^ ^ DINNER ^ ^ ^ ^													
Cowboy Casserole	8oz	Hamburger	1ea	Chicken Nuggets	6ea	Spaghetti Noodles	1cup	Sausage Link	2ea	Swiss Steak	1ea	Roast Chicken	1ea
Glazed Sweet Potatoes	4oz	French Fries	1cup	Mashed Potatoes	4oz	Meatballs	4ea	Buttermilk Pancakes	2ea	Baked Potato	1ea	Penne Pilaf	4oz
Buttermilk Biscuit	2ea	Brussel Sprouts	4oz	Seasoned Green Bean	4oz	Spaghetti Sauce	4oz	Syrup	2ea	Capi Blend Vegetables	4oz	Broccoli & Red Pepper	4oz
Garden Salad	1cup	Ketchup/Mustard	2ea	Wheat Dinner Roll	2ea	Caesar Salad	1cup	Margarine Cup	2ea	Sour Cream	1oz	Breadstick	1ea
Italian Dressing	1pkt	Bun	1ea	Country gravy	2oz	Caesar Dressing	1oz	Fresh Fruit	1ea	WW Bread	2sl	Margarine Cups	2ea
Margarine Cups	2pkt	Peanut Butter Brownie	1ea	Margarine Cups	2ea	Italian Bread	2ea	Tri-Tators	2ea	Apple Crisp	4oz	Bakers Choice Cake	1ea
Assorted Cookies	1ea	Milk	1ea	Cinnamon Applesauce	4oz	Margarine Cups	2ea	Ketchup	1ea	Margarine Cups	2ea	Milk	1ea
Milk	1ea			Dipping Sauce	1ea	Ice Cream	1ea	Milk	1ea	Milk	1ea		
				Milk		Milk	1ea						

MSOP Moose Lake Cycle Menu

Alternative Menu

Oct 12th thru Oct 18th

WEEK 3

MONDAY	12	TUESDAY	13	WEDNESDAY	14	THURSDAY	15	FRIDAY	16	SATURDAY	17	SUNDAY	18
^ ^ ^ ^ LUNCH ^ ^ ^ ^													
Tuna Pasta Salad	8oz	Veggie Pizza	1ea	Veggie Chef Salad	1cup	Swiss & American		Salmon Loaf	4oz	Vege Chili	1cup	Vegt Beef Shepard Pie	8oz
Garden Salad	1cup	Garden Salad	1cup	Hard Boiled Egg	2ea	Cheese Sandwich	1ea	French Fries	1cup	Combread	1ea	Peas & Carrots	4oz
Tomato Slice	2ea	Italian Dressing	1pkt	Diced Onion & Tomato	2oz	Corn Cobbett	1ea	Coleslaw	4oz	Apricot	4oz	Garden Salad	1cup
Plums	4oz	Orange	1ea	Fresh Fruit	1ea	Diced Onion & Tomato	2oz	Peaches	4oz	French Dressing	1ea	Fresh Fruit	1ea
1000 Island Dressing	1ea	Parmesan Cheese	1pkt	Shredded Cheese	2oz	Banana	1ea	Bun	1ea	Crackers	1ea	Wheat Bread	2sl
Wheat Bread	2ea	Lemon Beverage	1cup	French Dressing	1ea	Mayo	1ea	Fruit Punch Beverage	1cup	Cheddar Cheese	1oz	Ranch Dressing	1ea
Fruit Punch Beverage	1cup			Lemon Beverage	1cup	Wheat Bread	2sl			Margarine	2ea	Margarine Cup	2ea
						Margarine	2ea			Garden Salad	1cup	Grape Beverage	1cup
						Orange Beverage	1cup			Lemon Bevergae	1cup		
^ ^ ^ ^ DINNER ^ ^ ^ ^													
Vegt Chicken Broccoli	4oz	Vege Fried Rice	8oz	Vege Taco Burger	1ea	Tuna Salad		White Bean Veg Wrap	1ea	Vege Chicken		Baked Fish	1ea
Cheesy Potatoes	8oz	Green Peas	4oz	Sweet Potato Fries	1cup	Sandwich	1ea	Cucumber Dressing	1ea	Noodle Casserole	8oz	Scalloped Potato	1cup
Braised Cabbage	4oz	Wheat Bread	2sl	Radish & Cucumbers	4oz	Wheat Bread	2sl	French Dressing	1ea	Broccoli	4oz	Green Beans	4oz
Wheat Dinner Roll	2ea	Margarine Cup	2ea	Pickle Chips	3ea	Capri Vegetable Blend	4oz	Garden Salad	1cup	Wheat Bread	2sl	Dinner Roll	2ea
Apple	1ea	Soy Sauce	1ea	Bun	1ea	Ice Cream Sandwich	1ea	Fruited Jell-O	4oz	Margarine Cups	2ea	Margarine Cup	2pkt
Margarine Cups	2ea	Fortune Cookie	1ea	Bakers Choice Bar	1ea	Milk	1ea	Milk	1ea	Carrot Cake	1ea	Assorted Cookies	2ea
Milk	1ea	Milk	1ea	Ketchup	2ea					Milk	1ea	Milk	1ea
				Milk	1ea								

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MSOP Moose Lake Cycle Menu

Summer 2015

Oct 12th thru Oct 18th

WEEK 3

MONDAY	12	TUESDAY	13	WEDNESDAY	14	THURSDAY	15	FRIDAY	16	SATURDAY	17	SUNDAY	18
^ ^ ^ ^ BREAKFAST ^ ^ ^ ^													
Grape Juice	1ea	Orange Juice	1ea	Apple Juice	1ea	Grape Juice	1ea	Orange Juice	1ea	Apple Juice	1ea	Grape Juice	1ea
Honey Nut Cheerios	1cup	Corn Flakes	1cup	Raisin Bran	1cup	Rice Crispiess	1cup	Fruit Whirls	1cup	Cheerios	1cup	Bran Flakes	1cup
Yogurt	4oz	Waffle Sticks	4ea	Sausage Gravy	6oz	WW Toast	2sl	English Muffin	1ea	Buttermilk Pancakes	2ea	Donut	1ea
White Toast	2sl	Syrup	2pkt	Buttermilk Biscuits	2ea	Peanut Butter	1oz	Fried Egg	1ea	Syrup	2pkt	Yogurt	4oz
Jelly	2pkt	Margarine Cups	2pkt	Jelly	2pkt	Jelly	2pkt	Amer Cheese	1ea	Margarine Cups	2pkt	Sugar	3pkt
Margarine Cups	2pkt	Sugar	3pkt	Margarine Cups	2pkt	Margarine Cups	2pkt	Turkey Ham	2oz	Sugar	3pkt	Milk	1ea
Sugar	3pkt	Milk	1ea	Sugar	3pkt	Sugar	3pkt	Sugar	3pkt	Milk	1ea	Coffee	1cup
Milk	1ea	Coffee	1cup	Milk	1ea	Milk	1ea	Milk	1ea	Coffee	1cup		
Coffee	1cup			Coffee	1cup	Coffee	1cup	Coffee	1cup				
^ ^ ^ ^ LUNCH ^ ^ ^ ^													
Turkey & Swiss Melt	3ozl	Sausage & Pepperoni	1ea	Soup of the Day	8oz	Buffalo Chicken Wrap	1ea	Bratwurst	1ea	Chili	8oz	Beef Goulash	8oz
Garden Salad	1cup	Garden Salad	1cup	Submarine Sandwich	1ea	Lettuce	1oz	French Fries	1cup	Garden Salad	1cup	Peas & Carrots	4oz
Tomato	2sl	Italian Dressing	1pkt	Saltine Crackers	1ea	Corn Cobbett	1ea	Coleslaw	4oz	Cornbread	1ea	Garden Salad	1cup
Plums	4oz	Orange	1ea	Lettuce	1oz	Diced Tomato & Onion	2oz	Peaches	4oz	Apricot	4oz	Fresh Fruit	1ea
1000 Island Dressing	1ea	Parmesan Cheese	1pkt	Diced Onion & Tomato	2oz	Banana	1ea	Bun	1ea	French Dressing	1ea	Wheat Bread	2ea
Fruit Punch Beverage	1cup	Lemon Beverage	1cup	Fresh Fruit	1ea	Shredded Cheese	1oz	Ketchup/Mustard	1ea	Crackers	1ea	Ranch Dressing	1pkt
				Margarine Cups	2ea	Tortilla	1ea	Sauerkraut	2oz	Cheddar Cheese	1oz	Margarine Cups	2ea
				Mayonnaise/Mustard	1ea	Buffalo Sauce/Ranch	1ea	Fruit Punch Beverage	1cup	Margarine	2ea	Grape Beverage	1cup
				Swiss & American	1ea	Margarine	2ea			Lemon Bevergae	8oz		
				Lemon Beverage	1cup	Orange Beverage	8oz						
^ ^ ^ ^ DINNER ^ ^ ^ ^													
Roast Turkey	4oz	Chicken Fried Rice	8oz	Pulled Pork	4ea	Vege Beef Soup	1cup	Turkey Turnover	1ea	Chicken & Mushroom		Pork Loin Roast	4oz
Cheesy Potatoes	8oz	Green Peas	4oz	Bun	1ea	Roast Beef & Cheese		Garden Salad	1cup	Fettuccini Alfredo	8oz	Scalloped Potato	8oz
Braised Cabbage	4oz	Wheat Bread	2sl	Sweet Potato Fries	1cup	Sandwich on Hoagie	1ea	Sonoma Vegetables	4oz	Broccoli	4oz	Green Beans	4oz
Wheat Dinner Roll	2ea	Margarine Cups	2ea	Radish & Cucumbers	4oz	Capri Blend Vegetable	4oz	Fruited Jell-O	4oz	Wheat Bread	2ea	Dinner Roll	2ea
Apple	1ea	Soy Sauce	1pkt	Ketchup	1ea	Saltine Crackers	1ea	French Dressing	1ea	Margarine Cup	2ea	Margarine Cup	2pkt
Margarine Cups	2ea	Fortune Cookie	1ea	Pickle Chips	3ea	Margarine Cup	2ea	Milk	1ea	Carrot Cake	1ea	Assorted Cookies	1ea
Milk	1ea	Assorted Cookies	1ea	Bakers Choice Bar	1ea	Mayo/ Mustard	1ea			Milk	1ea	Milk	1ea
		Milk	1ea	Milk	1ea	Ice Cream Sandwich	1ea						
						Milk	1ea						

