

# "Committed" to being heard

Volume 1 Issue 8

*A voice indefinitely "Committed" to being heard.*

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## Shifting Gears

by: Terry Lee Branson

It is a brand new month and I will be honest with all of you who read "Committed" to being heard, I am not proud of the way this newsletter has turned out in the last couple of months. So I am going to shift gears and attempt to reconstruct my attitude and my goals regarding the production of this newsletter. This is my voice as well as anyone else's voice who submits articles which may be approved for publishing.

There are many within MSOP who fully comprehend what it is like to live in an environment where 99% of the decisions are made for you by someone of authority. To me that is not providing a service to anyone who is truly attempting to re-enter back into a society. Instead all that is doing is creating a dependency upon someone with authority to continuously provide you with solutions to your issues and that is a formula for failure which frankly is unacceptable to me.

So it is time to refocus on what needs to be done within the confines of these pages. I can only hope that you will understand what it is that I am attempting to accomplish. Also that you will continue providing me with some form of input to assist me along the way, whether it be negative or positive.

I am also going to start providing a legal section, and yes I have some individuals who are willing to contribute in that area. I do not offer guarantees that everything submitted will work I do hope that people will submit materials that are tested and work. The people who are willing to submit materials for the legal section are individuals "I" trust and are nothing more than another form of a jailhouse lawyer. As always I strongly encourage everyone who utilizes the legal materials printed within these pages do their own research ensuring all information is accurate before actually presenting it to the court. If you don't then you are a knucklehead!

There will be addresses once again presented for you to write as potential resources for materials. If you have an address that you wish to submit for a resource, let me know. We can all use every valuable resource which can provide knowledge to better not only ourselves but our environment as well.

Once again, at any time that a state employee wishes to submit an article to "Committed" to being heard it will be considered based upon its content. If you wish to remain anonymous then state that on your submission and I will do my best to honor that request. This is simple! I am tired of the continuous bias-

*(Shifting Gears continued on page 2)*

## Positive Changes from Within.

by: Fat Bastard

As you can see once again, I am dominating the pages of "Committed" to being heard as of the writing of this article. Guess I always have a lot to say and I don't mind sharing my thoughts/stories with those who may enjoy reading what I have to say.

You will notice on pages 3 and 7 of this newsletter that I wrote to the Carlton County Attorney's Office in regards to the most recent BER and BER Hearing that I participated in. I received 15 days RS3 and personally feel that there is no "due

*(Positive Changes continued on page 7)*

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Letters to the Editor  
May be submitted either by green mail  
(institution only) or sending letters to:  
Terry Lee Branson  
1111 Highway 73  
Moose Lake, Minnesota 55767  
- or -  
Voice Mail:  
15 second message  
218-351-1900 ext. 97666

**"Committed" to being heard**  
**- MISSION STATEMENT -**

This paper has the full intent and purpose of presenting a continuous positive and informative service within the confines of the space it reside within.

**Disclaimer:**

Statements, viewpoints and opinions expressed in articles, letters to the editor or by anonymous writers are those of that individual author and **do not** reflect the position of this newsletter or any affiliates that may be or become associated with this publication. All submissions become the property of this publication and may be eligible for reprint without authors permission.

**Guidelines:**

This paper will attempt to perform research, conduct interviews and gather information to create content that will inform and educate readers about activities and events of interest to the MSOP community and the public in general.

Not all submitted materials will be published. Any articles meeting the principles of this paper will be considered for publication. Articles containing disrespectful opinions, defamatory materials or sexually explicit items will not be published. The editor may edit submitted materials to bring materials into conformance with acceptable journalistic standards to the best of his ability and available space.

This paper will not publish articles pertaining to information about individual clients receiving treatment at MSOP.

All articles submitted for publication must include authors first and last name. Authors may request to have his/her name withheld from publication by submitting a written request (included with that article) to the editor. All necessary supporting documentation must be provided prior to publication.

The editor reserves the right to submit questions for reader's views and comments on any article published within these pages.

**Deadline for Next Months Submission**

No later than **second** Saturday of the month. If it arrives in my mailbox the following Monday it's not being published unless its content is of extreme valuable to this community. **Have a friend proof read your submissions.** Do not forget to **sign and date your submissions.**

**Editors Commentary**

**by : Terry Lee Branson**

When I go around and talk to certain individuals and attempt to tell them what I am trying to do in regards to challenging the system we are imprisoned within, I am often told that I am fighting battles that are either addressed in the class action or fighting a no winning battle. Why continue fighting these battles that end up going no where except building frustration? Here is what I believe and why.

What I see is a group of individuals who seem content with going on with life as if nothing is wrong. To me it resembles the same behaviors that "I" continued believing in when I would revert back into a criminal behavioral pattern. It's quite easy to justify a behavioral pattern when you believe in what you are doing. Even when someone is telling you what you are doing is wrong.

So Judge Frank has informed those who are in charge of DHS-MSOP/St. Peter that what they are doing is in the wrong. Yet these same individuals continue going as if it's business as usual making up policies and enforcing rules that experts have declared have a counter therapeutic value to individuals treatment programming. In fact they are informed that their entire system needs an overhaul in order to bring it back into compliance with the goals outlined within their own program. There matrix system is proven to be more harmful because of the way it is being used within the treatment program.

The question arises repeatedly why am I not doing treatment. The answer is simple. Why is MSOP not offering treatment that conforms to the law in which it was built upon? Because the law has been found to be unconstitutional. What gets me is when "I" was civilly committed "I" was sent directly to MSOP once my sentence release date was received. No ifs, ands, or butts. That means regardless of whatever I want to do "I" have to follow the last order of the court. I have to adhere to the law. This is always the stance MSOP takes when addressing the issue regarding my treatment.

So if I have to follow a courts orders and continue staying within this prison, why does those within MSOP not have to follow the orders of the courts and make changes that brings this "draconian environment" back into one that is considered more humane and actually serving the purpose it was built for?

I know why. Because they have gotten away with business as usual for the past 20+ years and don't care what a judge declares. Why? Because they aren't personally being held accountable by anyone or anything at this point in time.

May not win every battle that I tackle. But what if I win just one where someone can actually be held accountable for the way they treated me and for denying me a constitutional right? When you quit you fail. We all know about failing. These people are supposed to teach you about changing your behavior. This environment was established to contribute to continued behaviors that fail. This is evidenced in the way they implement new policies in order to justify continued punishment under the pretense of therapeutic reform. This administration does not actually go about teaching you how to go about life winning. This is proven by the number of obstacles placed in your path to keep anyone from progressing without MSOP's approval. If they don't approve it then it isn't allowed at MSOP.

*(Shifting Gears continued from page 1)*

ness that is being discretely flung in my direction because of my past crimes or because of my being a civilly committed sex offender. People need to get over it and move on, that is what I am doing. I am more than willing to fight back whenever I feel someone is punishing me simply because they believe they can trample all over my rights.

I am continuously told there are consequences for my actions. While continuously watching as those who are holding me accountable are continuing with "business as usual" believing they can continue on without consequences. This is not anything about being physical, it's about respecting and being respected equally. I do not hide what I do, even when I am in the wrong.

I honestly enjoy taking on the task of presenting a newsletter which has a form of value. It is about finding a way to bring not only information but also a form of therapy to the individuals who choose to read what I have to place within these pages.

If you are a poet, have a recipe you want to share, or a question you would like to ask, then send me a green mail, or write me a note. I would enjoy hearing from you.



County Attorney  
317 Walnut Avenue  
Post Office Box 300  
Carlton, Minnesota 55718 - 0300

RE: MSOP's Behavioral Expectation Report Due Process Violation(s)  
Karsjens v. Jesson - Federal Court Case No. 11-3659(DWF/JJK)  
Finding Of Fact, Conclusions of Law, and Order  
Dear Mr. Pertler:

As you may well be aware of, the United States District Judge Donovan Frank issued a Finding Of Fact, Conclusions of Law, and Order dated June 15, 2015. Within the previously mentioned court document under the heading "SUMMARY OF DECISION" on page 4, the court makes the following statement. *"The Court concludes that Minnesota's civil commitment statutes and sex offender program do not pass constitutional scrutiny. The overwhelming evidence at trial established that Minnesota's civil commitment scheme is a punitive system that segregates and indefinitely detains a class of potentially dangerous individuals without safeguards of the criminal justice system."*

On page 5 of the same document it states, *"The Court's determination that the MSOP and its governing civil commitment statutes are unconstitutional concludes Phase One of this case."* *"Moose Lake and St. Peter facilities will not be immediately closed."*

On Page 7 of the court's document #6. *"Defendant Kevin Moser ("Moser") is the Operational Director the MSOP at Moose Lake. Moser has served in that position since December 2011. Moser is responsible for overseeing all facility and security operations and for setting policies relating to security,"* (emphasis added), *facility maintenance, living unit management, and special services."*

At the current date I have been released from the custody of the Department of Corrections for well over a year (May 2014) and currently have no conditions of confinement which would take away any of my constitutional rights within state law or federal law to the best of my knowledge. I have no parole, paper or terms of conditional release pending.

Within the past 30 days (time frame) I have received four (4) major Behavior Expectation Reports (BER's) which are in violation of my Constitutional Rights as a U.S. Citizen and a resident within the state of Minnesota – Carlton County. In the process of these BER violation(s) which requires a hearing by the Behavioral Expectations Unit Panel: Troy Basaraba - Security Manager; Tara Osborne - Clinical Supervisor; Mike Zimmerman – Group Supervisor; Jennifer Gross – Office Administrator Specialist (no longer here – but will be replaced) and Blake Carey – Group Supervisor,, I have requested representation be provided to me, however I was informed by Mr. Basaraba that I am the only individual who will be allowed to represent my argument to the above mentioned hearing panel. This is a violation of my due process rights and is in violation of the Minnesota Constitution which you swore to uphold during your oath in office. You are in fact a Constitutional Officer of The Court within Carlton County and took an oath to protect all citizens under your jurisdiction to the best of your ability. These BER hearing(s) impose punishment for the violations of specific BER policies based upon a "Finding of Fact". Throughout the entire process of the fact finding argument(s) MSOP fails to afford any form of due process that protects the clients/patients constitutional rights from the abusive punishment that is supposed to be afforded to every citizen within the U.S. Instead the same MSOP employees who have been imposing sanctions in the form of punishment continue doing so with the knowledge that they are violating each individual's right to due process.

I am asking for you and your office to intervene in this process within MSOP's BER Hearings without providing individual clients/patients true and impartial representation by a member who understands that due process is a constitutional right. Individuals who are knowledgeable of law and all MSOP policies & procedures to ensure that each client/patient rights are never violated again by current MSOP policies & procedures. That those due process rights are taken seriously within the county of Carlton and that your office will not tolerate its abuse upon residents that you have sworn an oath to protect.

I am asking your office to issue an order to MSOP to cease/suspend any further BER hearings until further notice that places a non-therapeutic punishment on any client/patient and which takes away the individuals basic constitutional rights while residing within MSOP. That failure to do so will be vigorously held accountable by the County Attorney's Office of Carlton County with consequences befitting the violation(s) of violating individuals basic constitutional rights of equal protection.

I want to thank you for taking the time in reading this letter/request and look forward to hearing a response from your office. I am a realistic individual who does not believe that your office will have a vested interest in protecting my basic rights of liberty; freedom from persecution; property; as outlined throughout the Minnesota Constitution, I do hope that you prove me wrong! I am being punished without a fair and impartial hearing within the MSOP – ML facility and continuously being denied the right of representation within MSOP's BER process.

Are you going to help protect my rights?

Again thank you for your time.

Respectfully,

Terry Lee Branson

**See Response to this letter from Carlton County  
Attorney's Office on page 12.**



### Thought of the MONTH.

By: Terry Lee Branson

I walk a tight rope when doing my own newsletter as well as the newsletter for the prison (MSOP). Within these pages I am allowed freedom of expression and it is well noted by the clinical team that "Committed" to being heard is not a MSOP sanctioned newsletter.

What I write within the pages of this newsletter is mostly from my own observations and understanding of the happenings within my environment. I refuse to be limited regarding what content is placed in these pages beyond my own willingness to publish something based upon my personal values system.

The message is starting to get out to those of you who actually enjoy my attempts at entertaining you and some of you are starting to submit your own materials for consideration for publishing. I thank you!

The newsletter for the facility on the other hand is a more a restricted type of newsletter which can not carry any articles that may cause controversy within the prison. I must approach its publication in a completely different format. It is based upon a format that has a completely positive outlook at the environment in which it reports within. There are many safeguards to ensure that MSOP's image is constantly maintained as being one of therapeutic and productive in a positive format. It does not discuss any of the controversial issues within the facility.

The reason why I do both is ever changing. It allows me to learn how to become a better writer and place my thoughts onto paper in a more comprehensive manner. I want everyone to understand what it is I'm talking about regardless of the topic.

It should be pointed out that although I do see many negative aspects residing within the confines of this prison, as always there are a few positives that lay hidden in any negative situation. There are some very talented artists and poets within this facility as well as some great story tellers. Believe me when I say some of the stories I hear in here are truly unbelievable when listening to them.

I actually enjoy both newsletter's and attempt to do my best to keep them separate from one another. It's actually easier than what you would think. Although I enjoy writing, I especially enjoy the designing part of both newsletter's. Attempting to make space available for everything to fit within the confines available and limitations that exist.

When a person really sits back and examines themselves they are actually assessing their self worth within the environment they exist within. Writing and trying to make a difference in a positive direction is my attempt to increase my own self worth in this world. I have left enough negative impressions with my past behaviors, now it is time to start attempting to make as many positive impressions as possible. It's time to start doing something that is more in line with acceptable behaviors in society and although I don't agree with everything happening in here, I am capable of making for a more positive change which has tremendous value to me.

**"Committed" to being heard** is always trying to provide its readers with information that will assist them covering a wide variety of issues. These addresses are untried and if anyone writes them and receives a response, please let me know. Thanks!

Midwest Books to Prisoners c/o Quimby's Bookstore  
1321 N. Milwaukee, Ave.,  
PMB # 460  
Chicago, IL 60622

Portland Books to Prisoners  
P.O. Box 11222  
Portland, OR 97211

Midwest Pages to Prisoners c/o Boxcar Books  
408 E. 6th Street  
Bloomington, IN. 47408

The Center for Constitutional Rights  
666 Broadway, 7th Floor  
New York, NY 10012

United States Department of Justice  
United States Federal Courthouse  
District of Minnesota  
316 North Robert Street  
St. Paul, Minnesota 55101-1460

Minnesota Attorney General Office  
1100 Bremmer Tower  
445 Minnesota Street  
St. Paul, Minnesota 55101

### Sudoku August By: Fat Bastard

3								
4								
8			7	3	4	1	5	6
				1			9	4
				6			8	1
6	1	5		4	9	3	7	2
1	2		5		8	4		7
		8						
		9	4					3

Fat Bastard difficulty rating:

1 (low) - 9 (high)

5

**Even a puzzle can teach you how to perform problem solving techniques.**

How difficult was this puzzle for you to solve? Would you like to see more of them in the following issues? Solution will be printed in the next issue. This puzzle took me over two hours to design from scratch and make the numbers come out right.

### Solution for the July Issue

**I do appreciate those of you who are letting me know what you think about the Sudoku puzzles. 😊**

7	1	3	8	4	9	5	2	6
9	5	2	1	3	6	7	8	4
8	4	6	2	7	5	1	9	3
5	9	4	6	1	8	2	3	7
1	3	8	9	2	7	4	6	5
2	6	7	3	5	4	8	1	9
3	2	5	4	9	1	6	7	8
4	8	1	7	6	3	9	5	2
6	7	9	5	8	2	3	4	1



## 2015 NFL Schedule (Composite) All times eastern.

Thanks to Miles Gordon for providing the schedule.

### Week 1

#### Thurs. Sept. 10

Pittsburgh at New England 830

#### Sunday, Sept. 13

Colts at Buffalo 1

Packers at Chicago 1

Kansas City at Houston 1

Carolina at Jacksonville 1

Browns at Jets 1

Seattle at St. Louis 1

Miami at Redskins 1

Saints at Arizona 405

Detroit at Chargers 405

Baltimore at Denver 425

Cincinnati at Oakland 425

Tennessee at Tampa Bay 425

Giants at Dallas 830

#### Mon. Sept. 14

Eagles at Atlanta 710

Minn. At 49ers 1020p

### Week 2

#### Thurs. Sept. 17

Denver at Kansas 825

#### Sun. Sept. 20

New England at Buffalo 1

Houston at Carolina 1

Arizona at Chicago 1

San Diego at Cincinnati 1

Tennessee at Cleveland 1

Detroit at Minn. 1

Tampa Bay at Saints 1

Atlanta at Giants 1

49ers at Pittsburgh 1

St Louis at Redskins 1

Miami at Jacksonville 405

Baltimore at Oakland 405

Dallas at Eagles 425

Seattle at Packers 830

#### Mon. Sept. 21

Jets at Colts 830

### Week 3

#### Thurs. Sept. 24

Redskins at Giants 825

#### Sun. Sept. 27

Cincinnati at Baltimore 1

Saints at Carolina 1

Oakland at Cleveland 1

Atlanta at Dallas 1

Tampa Bay at Houston 1

San Diego at Minn. 1

Jacksonville at New England 1

Eagles at Jets 1

Pittsburgh at St. Louis 1

Colts at Tennessee 1

49ers at Arizona 405

Buffalo at Minami 425

Chicago at Seattle 425

Chicago at Seattle 425

Denver at Detroit 830

#### Mon. Sept. 28

Chiefs at Packers 830

### Week 4

#### Thurs. Oct 1

Baltimore at Pittsburgh 825

#### Sun. Oct 4

Jets at Miami (London) 930

Houston at Atlanta 1

Giants at Buffalo 1

Oakland at Chicago 1

Chiefs at Cincinnati 1

Jacksonville at Colts 1

Carolina at Tampa Bay 1

Eagles at Redskins 1

Cleveland at San Diego 405

St. Louis at Arizona 425

Minn. At Denver 425

Packers at 49ers 425

Dallas at Saints 830

#### Mon. Oct 5

Detroit at Seattle 830

Dyes: Tennessee, Saints.

### Week 5

#### Thurs. Oct 8

Colts at Houston 825

#### Sun. Oct ., 11

Redskins at Atlanta 1

Cleveland at Baltimore 1

Seattle at Cincinnati 1

St Louis at Packers 1

Chicago at Chiefs 1

Saints at Eagles 1

Jacksonville at Tampa Bay 1

Buffalo at Tennessee 1

Arizona at Detroit 405

New England at Dallas 425

Denver at Oakland 425

49ers at Giants 830

#### Mon. Oct 12

Pittsburgh at San Diego 830

Byes : Carolina, Miami, Minn. Jets.

### Week 6

#### Thurs. Oct 15

Atlanta at Saints 825

#### Sun. Oct 18

Cincinnati at Buffalo 1

Denver at Cleveland 1

Chicago at Detroit 1

Houston at Jacksonville 1

Chiefs at Minn. 1

Redskins at Jets 1

Arizona at Pittsburgh 1

Miami at Tennessee 1

Carolina at Seattle 405

San Diego at Packers 425

Baltimore at 49ers 425

New England at Colts 830

#### Mon. Oct 19

Giants at Eagles 830

Byes: Dallas, Oakland, St. Louis, Tampa Bay.

### Week 7

#### Thur. Oct 22

Seattle at 49ers 825

#### Sun. Oct 25

Buffalo at Jacksonville (London) 930

Minn. At Detroit 1

Saints at Colts 1

Pittsburgh at Chiefs 1

Houston at Miami 1

Jets at New England 1

Cleveland at St. Louis 1

Atlanta at Tennessee 1

Tampa Bay at Redskins 1

Oakland at San Diego 405

Dallas at Giants 425

Eagles at Carolina 830

**Mon. Oct .26**

Baltimore at Arizona 830

Byes: Chicago, Cincinnati, Denver Packers.

**Week 8****Thur. Oct .29**

Miami at New England 825

**Sun. Nov. 1**

Detroit at Chiefs (London) 930

Tampa Bay at Atlanta 1

San Diego at Baltimore 1

Minn. At Chicago 1

Arizona at Cleveland 1

Tennessee at Houston 1

Giants at Saints 1

Cincinnati at Pittsburgh 1

49ers at St. Louis 1

Jets at Oakland 405

Seattle at Dallas 425

Packers at Denver 830

**Mon. Nov. 2**

Colts at Carolina 830

Byes : Buffalo, Jacksonville, Eagles , redskins.

**Week 9****Thur. Nov. 5**

Cleveland at Cincinnati 825

**Sun. Nov. 8**

Miami at Buffalo 1

Packers at Carolina 1

St. Louis at Minn. 1

Redskins at New England 1

Tennessee at Saints 1

Jacksonville at Jets 1

Oakland at Pittsburgh 1

Atlanta at 49ers 405

Giants at Tampa Bay 405

Denver at Colts 425

Eagles at Dallas 830

**Mon. Nov. 9**

Chicago at San Diego 830

Byes: Arizona, Baltimore, Detroit, Houston,

Chiefs, Seattle.

**Week 10****Thur. Nov. 12**

Buffalo at Jets, 825

**Sun. Nov. 15**

Jacksonville at Baltimore 1

Detroit at Packers, 1

Miami at Eagles 1

Cleveland at Pittsburgh 1

Chicago at St. Louis 1

Dallas at Tampa Bay 1

Carolina at Tennessee 1

Saints at Redskins 1

Minn. At Oakland 405

Chiefs at Denver 425

New England at Giants 425

Arizona at Seattle 830

**Mon. Nov. 16**

Houston at Cincinnati 830

Byes: Atlanta, Colts, San Diego, 49ers.

**Week 11****Thur. Nov. 19**

Tennessee at Jacksonville 825

**Sun. Nov. 22**

Colts at Atlanta 1

St. Louis at Baltimore 1

Redskins at Carolina 1

Denver at Chicago 1

Oakland at Detroit 1

Jets at Houston 1

Dallas at Miami 1

Packers at Minn. 1

Tampa Bay at Eagles 1

Cincinnati at Arizona 405

49ers at Seattle 425

Chiefs at San Diego 830

**Mon. Nov. 23**

Buffalo at New England 830

Byes: Cleveland, Saints, Giants, Pittsburgh.

**Week 12****Thurs. Nov. 26**

Eagles at Detroit 1

Carolina at Dallas 430

Chicago at Packers 830

**Sun. Nov. 29**

Minn. At Atlanta 1

St Louis at Cincinnati 1

Saints at Houston 1

Tampa Bay at Colts 1

San Diego at Jacksonville 1

Buffalo at Chiefs 1

Miami at Jets 1

Oakland at Tennessee 1

Giants at Redskins 1

Arizona at 49ers 405

Pittsburgh at Seattle 425

New England at Denver 830

**Mon. Nov. 30**

Baltimore at Cleveland 830

**Week 13****Thurs, Dec. 3**

Packers at Detroit 825

**Sunday Dec. 6**

Houston at Buffalo 1

49ers at Chicago 1

Cincinnati at Cleveland 1

Baltimore at Miami 1

Seattle at Minn. 1

Carolina at Saints 1

Jets at Giants 1

Arizona at St. Louis 1

Atlanta at Tampa Bay 1

Jacksonville at Tennessee 1

Chiefs at Oakland 405

Denver at San Diego 405

Eagles at New England 425

Colts at Pittsburgh 830

**Mon. Dec. 7**

Dallas at Redskins 830

**Week 14****Thurs . Dec 10**

Minn. At Arizona 825

**Sun. Dec 13**

Atlanta at Carolina 1

Redskins at Chicago 1

Pittsburgh at Cincinnati 1

49ers at Cleveland 1

New England at Houston 1

Colts at Jacksonville 1

San Diego at Chiefs 1

Tennessee at Jets 1

Buffalo at Eagles 1

Detroit at St. Louis 1

Saints at Tampa Bay 1

Oakland at Denver 405

Dallas at Packers 425

Seattle at Baltimore 830

**Mon. Dec. 14**

Giants at Miami 830

**Week 15****Thur. Dec. 17**

Tampa Bay at St. Louis 825

**Saturday Dec. 19**

Jets at Dallas 825

**Sun. Dec. 20**

Chiefs at Baltimore 1

Houston at Colts 1



Atlanta at Jacksonville 1  
 Chicago at Minn. 1  
 Tennessee at New England 1  
 Carolina at Giants 1  
 Arizona at Eagles 1  
 Buffalo at Redskins 12  
 Packers at Oakland 405  
 Cleveland at Seattle 405  
 Denver at Pittsburgh 425  
 Miami at San Diego 425  
 Cincinnati at 49ers 830

**Mon. Dec. 21**

Detroit at Saints 830

**Week 16**

**Thurs. Dec. 24**

San Diego at Oakland 825

**Saturday Dec. 26**

Redskins at Eagles 825

**Sun. Dec. 27**

Carolina at Atlanta 1

Dallas at Buffalo 1

49er at Detroit 1

Cleveland at chiefs 1

Colts at Miami 1

Giants at Minn. 1

Jacksonville at Saints 1

New England at Jets 12

Chicago at Tampa Bay 1

Houston at Tennessee 1

Packers at Arizona 425

St. Louis at Seattle 425

Pittsburgh at Baltimore 830

**Mon. Dec. 28**

Cincinnati at Denver 830

**Week 17**

**Sun. Jan. 3**

Saints at Atlanta 1

Jets at Buffalo 1

Tampa Bay at Carolina 1

Detroit at Chicago 1

Baltimore at Cincinnati 1

Pittsburgh at Cleveland 1

Redskins at Dallas 1

Minn. At Packers 1

Jacksonville at Houston 1

Tennessee at Colts 1

Oakland at Chiefs 1

New England at Miami 1

Eagles at Giants 1

Seattle at Arizona 425

San Diego at Denver 425

St. Louis at 49ers 425

**Sunday night games in Weeks 5-16 subject to change; Week 17 game TBD**

*(Positive Changes continued from page 1)*

process" provided within MSOP regarding their hearings.

I strongly believe that we have a right to "due process" whenever we go to any hearing that places limits on our privileges. I am making an issue of it and presenting the argument to those of a higher authority than MSOP in hopes of positive changes. Course too there is always the problem of getting MSOP to believe any authority is higher than they are. I am constantly being told that I must be accountable for my actions and pay the consequences for those actions. Yet I never see those of authority being held accountable for their actions or paying any consequences for their decisions when violating someone's rights.

I personally see no therapeutic value in the current BER system and believe it is only serving the purpose of providing punishment without "due process". Even the courts recognize that the BER system is a counter therapeutic tool within MSOP and punitive.

So why hasn't it changed to something that relates more to the behavior and in line with a more treatment oriented consequence? I believe it is because security wants to stay in control of the punishment process. Security is either incapable of, or uncaring of, how they are impeding upon the therapeutic aspects that truly outline the behavioral pattern's which may lay hidden within any individuals particular cycle. Therefore, I am going to do my best to challenge it and hold those who are constantly violating individuals "due process" rights accountable to the best of my ability. Currently the BER process has nothing to do with how the behavior is related to anything involving treatment, but is accepted by all as a form of punishment. This is just another example of the biasness against the individual civilly committed and administration's continuing to punish that individual with consequences that hinder progression in treatment. Exactly what it was designed to do, stop individuals from progressing not only in treatment but in the vocational work program as well.

In the past, I would start a challenge and end up getting side tracked by another issue that would arise. Then the cycle would

simply continue repeating itself until I would become overwhelmed with a countless number of important issues. I have incorporated a system which I believe allows me to be more focused on the individual issues that come up. Having learned from my many previous mistakes and arguments presented with no actual resolve forthcoming from those of authority within MSOP, I know there will be many more mistakes made by me in the process of challenging this system attempting to learn what does and doesn't work, mostly doesn't.

As many of you know it is a very frustrating world that we reside within simply because there aren't many avenues in which we can receive any assistance from.

I have repeatedly contacted the ombudsman on several occasions and not once actually talk to the person. Even when calling his supervisor, they only referred me back to his office where I once again received a recorded message asking me to leave yet another message. I've written Carlton County Attorney's Office only to be denied assistance. It seems that although there are supposed to be individuals out there who are supposed to assist us in regards to our issues, nobody actually wants to become involved in helping assist this sex offender.

It is easy to continuously violate someone's rights when there are so many who justify doing so under the pretense of protecting society from the worst of the worst. It has taken many years for this authoritative administration to justify the now acceptable behaviors towards those individuals deemed unfit to live within society. It's like the kid being bullied and beaten up in school, nobody wants to interfere because they are afraid they will become the next victim of the bully. Rather than standing up taking that chance of being his/her next victim in attempting to stop someone from hurting someone else; it becomes easier to sit back continuing to do nothing, something that has been apparently going on way to long by to many individuals within this environment.

I may not be the best at putting my words in perfect order that would make my English teacher proud of me. But even that is a battle that I must constantly challenge to make for positive changes within my own life. Because I believe it is time for all of us to become "Committed" to being heard.



## Not Again?

By: Peter Lonergan

Have you guys noticed how crappy the food is getting in some areas again? I mean it is still far superior to anything CWF did, but let's be real: Rhett needs to find other work. So does the vegetarian dietician.

We need to start writing numerous *Requests* to the powers that be and complain about what they are doing. The kitchen is just deleting calories off the menu. This should be happening.

It took us a little over 60 days to get rid of CWF. This needs to happen again. The MSOP bills us for \$8.22 per day. That is \$2.74 every tray. Considering what I can get food for wholesale, I can live pretty well on \$2.74 per tray.

And start demanding that the food be prepared properly. You all know the game. They called it *Turkey Ham*, but it was *Turkey Bologna*. They call it beef steak, but it's not. Write and tell them if the menu says beef steak, you want a beef steak.

When we do things together, we can accomplish almost anything. So let's start working together. Maybe we can start choosing one forum per month to go after and just become a festering thorn in the MSOP's side! What do you think?

## LEGAL NEWS

"The only rights you have are the ones you know about; and of them, the only ones that will protect you are the ones you are willing to defend."  
Oscar Adams

### My Experience in Court:

On Wednesday, August 5<sup>th</sup>, 2015, I had the pleasure of appearing, via ITV, before the Honorable Judge Shawn M. Bartsh; and the Assistant Attorney General, Ann Fuchs (Voiced as "Fox").

Different Clients I have talked to all have different opinions about the use of ITV (Institution Television). Most have the opinion that they don't like it because they just want to cost the state as much money as possible. And they feel it will cost the state more money if they have to drive them down to the cities. So they're willing to go through the discomfort of being shackled just to cost the state money. I don't see much sense in that. So I don't subscribe to that line of thought. I find ITV much more convenient than a car ride for over two hours to the St. Paul jail and then to the Courthouse. I really don't like the jail food, but most importantly, I hate being all shackled up in chains. I've done my time, and I would like to put most of that behind me. With ITV I just carried all my paperwork down to the appropriate room in the main building by Health Services and I am there. MSOP has three different rooms they use for the ITV hookups. The one I was in had a huge TV, so I could see almost everything in the courtroom. Most importantly, I could see the judges face, so I could read her expressions to the is-

sues being presented; which gives me direction on how to proceed. What to push for and what to stay away from. They also had a speaker tripod on the table in front of me. I could move this speaker to where I wanted it; and it had a mute button on it. So if I had to say something I didn't want the court or prosecutor to hear I could mute the speaker. There was only one person in the ITV room with me. I'm not sure who this person was, or what their purpose was. I didn't ask for her name or status. I assumed she was an ITV technician, because before anything started she explained the whole ITV process to me. And being it was open court, (Open to the Public) I seen no harm with her in the room. But I can see the mute button being handy if you had some witnessed or co-plaintiffs (Or Co-Defendants) in the room with you.

Once things were supposed to begin, the Judge entered the courtroom and everyone stood-up to show respect for the court; including myself. Remember, they can see me as well as I can see them. The court stenographer was taking notes from the beginning, as usual in any courtroom, keeping

(My Experience continued on page 9)



*(My Experience continued from page 8)*

the minutes of the whole proceedings. The judge sat down and everyone followed.

There was several issues in front of the court. I asked the court for: 1.The appointment of counsel; 2. A temporary restraining order; 3. Leave to file a second amended complaint; and the dismissal, without prejudice, of some of the defendants I mistakenly included in my law suit. The prosecutor, Ms. Fuchs, asked for the dismissal, or "Stay" of my whole complaint.

I write this article in the hopes that somebody will learn something from my mistakes; and I have made quite a few mistakes. So I'm sure somebody out there will learn something. Who that somebody is doesn't make a difference to me. I'm not like some of these guys that say they know the law but won't share that information with others for some reason. I believe in helping my brothers. We all have to get over that razor wire. And I'm sure, after reading this article, there will be some jerk

that will say, "Oh, I knew that." But that, I believe, is a cop-out. Because there is no real proof that he did. Further, it wouldn't matter anyway; the information doesn't help me now. And it just proves he was a jerk for knowing and not getting it to me sooner, when I could have used it. But for those of you out there that are real and on the up and up, I hope you can learn something from my mistakes so you will advance farther than I did.

So I'm going to give you a crash course with a little background information so you will understand the issues; and then we will walk through each of these motions one by one, so I may point out my mistakes.

On, or about, June 2, 2014, I arrived at MSOP-ML and was assigned to room 201 on unit 1-B. A clinician was assigned as my primary therapist and several weeks later I was told I would have to move in with another client (Double Bunk). So I started writing client requests, grievances, and voicing my opinions and concerns to staff and other clients. I also brought my

*(My Experience continued on page 10)*

## RAISING YOUR LEVEL OF CONSCIOUSNESS AT MSOP

by: Brad Stevens

I thought it would be a good time to give some food for thought to up our human brain in hopes to up our levels of consciousness. Believing most of us have either lowered our level of performance, or just plain turned it off while at MSOP. Kind of like the old car just sitting in the stored garage, getting old. Your mind is the same if not used, going in the wrong directions, a downward spiral effect. Just as a Chevrolet corvette and a Volkswagen beetle has the same amount of mechanical functioning. Nevertheless, if they are both turned off, left idling, left in storage, they have the same level of performances. Neither one is better than the other. So my point is, individuals have to up their level of consciousness today as the unknown territories of MSOP are about to start.

You may be hearing from your primary, or an administrator, they are going to change and they have a new treatment program that is going to help you. Sounds familiar ha. Like the first days you were admitted to this hospital, because of someone said you had personality and or mental disorders/diseases and oh by the way they are going to help you. Apparently, you missed the wink wink amongst the clinical team.

Then I recently read transcripts from the Karsjens case. What I found out was? MSOP administrators, your primary and or clinical team could have, if they really cared, and actually had the pro social solving abilities to help you get back to your family and friends. But rather used superficial treatment schemas on you by telling you how much they care for you and want you to share everything with them, so they can help you. Substituting your family and friends for them, as they are the true caregivers?

But the truth is. This court's Rule 706 experts testified your primary, any clinical administrator within MSOP could have reassessed your SDP/SPP commitment and lowered your dangerousness/risk posed to the public, by requesting its assessment team to update your risks assessment data and apply the changes made to the actuarial tools used during our civil commitment proceedings. For those who don't know, the prior assessments used for committing you grossly overestimated your dangerousness/risks posed by the public. However, MSOP chose not to and if you actually petitioned the SRB, they would use the older assessment data to keep your dangerousness level the same as there is no change in condition, hence keeping you committed for alleged care and treatment. Shame on them.

That is just one of the many concerns you should have with MSOP's primaries and clinical teams. Not to mention like Judge Frank said, the state did not have a compelling interest to confine us at MSOP for treatment. Therefore, what is really MSOP really treating? Surely not your personality, as you have a right to your own opinion and thoughts and character. Are they asking you to change your personality, because they do not like who you are, but tell you different. Because if you really had a mental illness justifying your treatment at MSOP, they would be treating the mental illness and once that illness is in control, cured or in remission, there would be nothing that differentiates you from the typical recidivistic offender not subject to civil commitment. Although MSOP's has comprehension deficiencies, such as their primary clinicians refuse to differentiate you from others who are truly subject to MSOP type treat-

*(Level of Consciousness continued on page 10)*



*(Level of Consciousness continued from page 9)*

ments. The U.S. Supreme Court said it best when it described anyone's serious difficulty in controlling behavior "must be sufficient to distinguish the dangerous sexual offender whose serious mental illness, abnormality, or disorder subjects him to civil commitment from the dangerous but typical recidivist convicted in an ordinary criminal case" quoted by the Supreme Court Justices in Kansas v. Crane, 534 U.S. 407, 413 (2002). Not subject to civil commitment.

Just because you are a dangerous typical recidivist offender does not mean you belong at MSOP. You have to be suffering from serious mental abnormalities that make it utterly impossible for you to control your behavior. So it is now, if you believe you should be released, you need to raise your level of consciousness in light of the pending remedies coming down from Judge Franks.

I write this article in hopes to those of you who have turned off your higher levels of consciousness and to start using it again. The use of your consciousness will assist in setting you free. I have fate and vigor and determination. You have it to. I say this because big things are going to change at MSOP, just as you do not know what those changes are. You can take one thing to the bank, MSOP does not know either as they are maneuvering in uncharted water just as you are. Nevertheless, I am here to tell you, I've been there and done that over and over and my levels of consciousness will not be fooled again. Because of the pain/injuries that I have suffered, it will happen again. Think of

it like this. A fish swims into the shallows where the water is brackish, yellow, and tastes of iron. He has just taken a mouthful of shrimp when a bigger fish rushes at him and has taken a chunk out of his tail. The small fish managed to get away, but has been physically injured. Having a level of consciousness, the small fish depended upon his reaction for much of his choice of activity.

Now his tail heals and he goes about his daily affairs. However, one day he is attacked by a larger fish and gets his tail bumped. This time he is not seriously hurt, his tail merely suffered a scrape. However, something happened. Something within him considers that in his choice of action, he is now being careless as his second injury occurred in the same place. The computation of this is through your level of consciousness. Shallow equals brackish equals yellow equals iron taste equals pain in the tail equals shrimp in the mouth, and anyone of these equals pain and injuries.

You can also use this same scenario when you were alleged to have committed a wrongful sexual act or any wrongs upon society. One thing equals another equals another equals a loss of pleasure. Raise your level of consciousness.

But what should this tell the individual in MSOP. The situation you're in right now is the scrape of the tail on the second occasion. It should consciously key-in pain, loss of liberty, being deceived as this awareness may demonstrate it could happen again. Therefore, raise your level of consciousness.

*(My Experience continued from page 9)*

concerns to the Hospital Review Board (HRB). The HRB agreed with my position, but used the old excuse that their ability to help was restricted by the building that was built by the state (Complex -1). On or about January, 15, 2015, I was given a roommate assignment to move in with another client. I refused citing safety concerns, incompatibility, and the lack of a policy stating clients had to double bunk. On January 29<sup>th</sup>, 2015, when I came back from core group, I found I was locked out of my room. The officer in charge stated that room 201 was now an unauthorized area and I had to move. I refused and an ICS was called. I told the officers I would not move in with another client for safety reasons; and the officers brought me to the High Security Area (HSA). I was charged with "Failure to Comply". While in HSA, I wrote a client request to the CRC and asked to be placed on the list to appear before the HRB. The HRB was meeting that following Friday and policy dictates that clients in HSA are automatically seen by the HRB first. The CRC replied and said I was on the list to see the HRB. Friday came and I waited until 11:30am. No one came for me. So I asked the officer to see if the HRB was going to see me. The officer eventually returned and said I was not on the list to see the HRB. (They're called client rights coordinators, CRCs, but this is misleading. I have never known them to do anything with our rights. In fact, I was told by a CRC that our rights are not part of their job. It must be just for show for the public.).

I told the officer I wanted to return to Unit 1-B and they eventually did return me to Unit 1-B. Once there, the Unit Director told me I had to move in with another client. I again refused, citing the same concerns as before. Eventually the unit CRC came to talk to me, and the Unit Director charged me with "threatening Others", and moved me to Unit Omega-3. On April 13, 2015 I filed a Civil Rights Complaint, section 1983 in state court. So that's a crash course background. Now let's get to the issues.

The first issue is I asked for the appointment of counsel. Not to take over the case, but to help me through the issues I can't do from inside the fence. Such as request the camera recordings and log book entries concerning my placement in HSA and Unit Ome-

*(My Experience continued on page 11)*



ga-3. Knowing the defendants would use the excuse that these were security issues, not to be given to clients. An attorney would be able to obtain these.

**First mistake!** I brought notes for the dismissal or stay of my complaint but didn't bring any notes for the appointment of counsel. I thought as long as I sent the court a motion for the appointment of counsel; a memorandum of law, arguing the law concerning the appointment of counsel; and an affidavit in support of my motion, the court would just go by that and give a ruling based on that. I thought, and I was told by one of these so called jailhouse lawyers, that all this meeting was for was to hear the judge's rulings. WRONG!!!! The court mentioned nothing about all of that. The court ask two questions: What law gives the court the authority to appoint counsel, and what law gives me the right to counsel in a civil matter? I, of course, couldn't answer either question. I didn't bring copies of my motion, memorandum of law, or my affidavit. Most importantly, I brought no citations to any case law concerning the appointment of counsel. I could see that the court wanted me to present some kind of an argument, but I had nothing.

The next issue was the temporary restraining order (TRO) or preliminary injunction (PI). I knew right away I had made the same mistake. I was so worried about defending my complaint against dismissal, and mislead, about what the meeting was about, I had not prepared for the rest of the issues; not that I knew what to expect in the first place. It was all a mystery to me. The court drilled me on every aspect of the TRO and PI. And of course, the prosecutor, Ms. Fuchs, knew exactly what to say.

**It is important to understand** that I did not go to this court appearance to argue the legalities or constitutionality of MSOP double bunking clients. The issues in my complaint concerns MSOP singling me out from other clients similarly situated (in violation of the equal protection clause of the fourteenth amendment, "Class of One"); in retaliation for me filing grievances and voicing my opinions to staff and other clients (in violation of the first amendment freedom of speech and access to courts); and making me "Choose between two constitutionally protected rights" (the right to be safe and the right to be free from unlawful punishment)(in violation of the due process clause of the fourteenth amendment); filing false charges to punish (in violation of the due process clause of the fourteenth amendment); and the continued deprivation of property, liberty, and treatment without charge or due process (in violation of the due process clause of the fourteenth amendment). As it stands, regardless of how it came about, MSOP has a right to double bunk compatible clients. However! (and this is important to understand) MSOP DOSE NOT have the right to double bunk incompatible clients. Meaning, if you don't get along with a particular client (for whatever reason) MSOP is not supposed to put the two of you together in a locked room. MSOP can double bunk compatible clients, but not incompatible clients. It doesn't matter why you don't get along. It only matters that you don't. Which gives the potential of harm to both clients. But, again, I could not cite to one case, or argue one point for the court.

**The lesson** to be learned here is: you must think of every aspect of your case at all times and make your notes categorized to each element of each issue of your case. And don't forget your citations. You need citations for everything you say. And if you don't have citations, you better have a convincing argument for the court that the prosecutor won't easily overcome.

I was so glad when the court said she was going to grant me leave to file a second amended complaint and dismiss the defendants I wanted to without any arguments. At that point it was already a long day. But I knew it was about to get even longer. Now we were moving on to the defendants motion to dismiss my entire complaint for failure to state a claim. Now there is a good piece of information I could have used BEFORE I filed my complaint. To overcome a motion to dismiss, you as the plaintiff, must allege particular elements in the complaint and allege what each defendant did to violate your constitutional rights. I would think with all the jailhouse lawyers around her that little piece of information would have been conveyed to me. And again, BEFORE I filed the complaint. It's no wonder to me why the state wins most of the cases. But as I have said earlier in this article, nobody does anything unless they believe it will better themselves or someone they love. I teach all my followers to TRUST NO ONE. This is my own fault for believing anyone cared about me or what I am doing. I made the mistake of being lazy and didn't find out for myself.

There's **several lessons to be learned** here. First, if you are going to start a law suit, remember, you have to allege all the particular elements of the constitutional violation you complain of; and you must allege what each defendant did to violate that constitutional right. The next lesson is "TRUST NO ONE". Don't be lazy. Check out everything for yourself. You think it is a waste of time, but really not. What you are doing is saving yourself a lot of time and effort fixing mistakes that were based on misinformation and lack of knowledge. Trust others at your own risk. The sooner you take control of your own life, the better it will be.



*(My Experience continued from page 11)*

Lucky for me, and as I wrote earlier, the defendants asked the court to either dismiss my entire complaint OR "Stay" my complaint until after judge Donovan Frank rules on the Karsjens case. Also, as I wrote earlier, my complaint is about constitutional violations MSOP staff did to me personally. It really doesn't have anything to do with the constitutionality of the program or conditions of confinement, as the Karsjens case does. Lucky for me, the court decided to Stay my complaint until after judge Frank rules. Now I'll have time to go back and FIX the mistakes I made through misinformation, or the lack of information; and not to forget, my own laziness. If I can fix it. Maybe not. I don't know at this point.

So, to clean this mess up, the court decided to: 1) consider the appointment of counsel and TRO or PI, and will render a decision in a couple of weeks. I will let my followers know what turns out from that. 2) The court granted me leave to file a second amended complaint, which I may or may not be able to use; and the court dismissed the defendants I asked her to. 3) The court granted the defendants motion to Stay my complaint until after Judge Frank rules on the Karsjens case.

Now, I know this has been a long article, but bear with me. We're not done and good things are yet to come. There is a reason I brought you to this point. As I have wrote a couple of times now; Nobody does nothing unless they believe it will better themselves or someone they love. And I am no exception. I help you now in the hopes that someday, should I need your help, you will find it in your heart to help me in my hour of need. That's how society works. And they call it "The Golden Rule."

But that's not all. For the next couple of paragraphs I have no proof, unless of course one of you out there would like to get a copy of the transcripts of my hearing. I'll leave that up to you. But I thought my followers would like to know what judge Bartsh, and assistant attorney general Fuchs, had to say about judge Donovan Frank and the Karsjens case.

First, the assistant attorney general, Fuchs, made her motion to dismiss my complaint for failure to state a claim. She said if the court was not inclined to dismiss the case, in the alternative she asked the court to stay the case until after judge Frank ruled on the Karsjens case. She went on to say the Karsjens case encompassed all of the issues raised in my case. I thought about objecting but felt it better to hear her out. (The one thing I did feel was difficult about the ITV was there is a response delay. You say something and it takes a moment to get to the courtroom.) The court agreed and said she was inclined to stay my case because she knew Judge Donovan Frank, and that he was a very fair and compassionate man; and she agreed judge Frank was going to take care of most, if not all of my issues for me. Ms. Fuchs agreed and said she felt judge Frank would take care of the issues I raised so the court wouldn't waste its time with my case. They gave me the impression that good things are on the horizon for the clients at MSOP, but they both agreed it could take a year or more before my case would be before the court again. Ms. Fuchs said it would be almost certain that the state will appeal judge Frank's decision. Obviously, if they were almost certain the state will be appealing judge Frank's decision, that decision would be almost certain not to be favorable to the state. You can read into that what you

want, but I believe good things are coming real soon for the clients of MSOP.

***FREEDOM!!!!***

Hang in there guys. <Bishop>

*Response from Carlton County Attorney's Office regarding letter on page 3.*

July 23, 2015

Dear Mr. Branson:

I am in receipt of your letter to our office dated July 9, 2015. I have reviewed your requests within your letter, however, our office does not have authority or desire to order MSOP to suspend further BER hearings, nor to intervene in such hearings.

Sincerely,  
Jesse Berglund



MINNESOTA BOARD OF PSYCHOLOGY  
University Park Plaza · 2829 University Avenue SE Suite 320 · Minneapolis, MN 55414—3237  
Telephone (612) 617—2230  
MN Relay Service for Hearing Impaired (800) 627—3529

**AUTHORIZATION TO INFORM HEALTH CARE PROFESSIONAL OF COMPLAINT**

Having been informed of my rights under the Data Practices Act,  
I, \_\_\_\_\_, hereby authorize the Board of Psychology,  
its agents, or agents of the Office of the Attorney General to inform:  
of my complaint by providing this health care professional  
copies of my complaint documents.

\_\_\_\_\_  
Signature of Complainant  
R-2

\_\_\_\_\_  
Date

AN EQUAL OPPORTUNITY EMPLOYER  
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**Free Books! Free Books!**

"Midwest Books To Prisoners" will send clients free books. All you have to pay is "NOTHING"!!! They are FREE!!

But you do have to tell them your address and that you want books sent to you. So send them a letter and let them know your preference in books. For those of you that have a total blank of what to write, write the following and fill in the blanks:

Dear Midwest Book To Prisoners:

My name is \_\_\_\_\_, and I would like you to send me some free books. I would appreciate any title of books you can afford; but my preference in books are: (List here the kinds of books you like to read. Such as: Love stories, Detective stories, Thrillers, Legal, Educational, Self Help, etc...).

Thank you!

Sincerely,

Sign your name here

That's it. Now send your request for your "FREE" books to:

Please send to: Print your name here

MSOP  
1111 Highway – 73  
Moose Lake, MN 55767

Midwest Books To Prisoners  
C/O Quimby's Books  
1321 N. Milwaukee Ave.  
PMB #460  
Chicago, Ill 60622

<Bishop>

**Here's a Riddle**

**HIJKLMNO**

The answer is one word only, that could be expressed as a formula.

You can use these letters to discover the answer, but none of these letters are part of the answer.



COMPLAINT  
REGISTRATION

MINNESOTA BOARD OF PSYCHOLOGY  
2829 UNIVERSITY AVENUE SE. SUITE 320  
MINNEAPOLIS, MINNESOTA 55414—3237

**NOTICE OF RIGHTS UNDER THE MINNESOTA DATA PRIVACY ACT:**

I understand that I am not legally required to complete or return this form. It is offered so that the Board may properly and thoroughly evaluate and investigate this complaint and, if necessary, submit this information in any legal proceeding. Recognizing the Board's need to verify and, if necessary, legally pursue this complaint, I authorize the Board, its agents, and/or agents of the Attorney General's Office representing the Board to disclose this information to those whom they reasonably believe have a need to know.

Section 1:  
YOUR NAME, ADDRESS & TELEPHONE NUMBER

Name:									
Address:									
City:		State:		Zip Code:		Home Phone:		Work Phone:	

Section 2:  
NAME OF HEALTH CARE PROFESSIONAL YOU ARE COMPLAINING ABOUT

Name:									
Address:									
City:		State:		Zip Code:		Home Phone:		Work Phone:	

STATEMENT OF COMPLAINT


SUBSCRIBE AND SWORN TO BEFORE ME

THIS \_\_\_\_\_ DAY OF \_\_\_\_\_, 2015

\_\_\_\_\_  
SIGNATURE OF NOTARY PUBLIC

\_\_\_\_\_  
SIGNATURE OF COMPLAINANT

\_\_\_\_\_  
MY COMMISSION EXPIRES

\_\_\_\_\_  
DATE



# Time to Get Back Into the Fight

By: Peter Lonergan

Last week, I called friend of mine. Him and his wife are appalled at what our politicians are willing to do just to get out of doing their job. So I got to thinking: *I wonder how mad the rest of the population would be if they knew?*

So we went out to political chat-room website. We started to post things like the following: now that the federal court has found the MSOP unconstitutional, did you know that you are now paying, not only \$341.00 for my upkeep every day I'm held, but now you are also likely paying me damages on top of that?

Someone came back and asked how damages were being tallied. So we went on to explain that ever since June 17, 2015, the defendants have good reason to believe they are violating our civil rights. Because they have this belief, they are accountable to us. Because they are accountable, there is no longer any qualified immunity.

Therefore, the defendants are accruing damages right now. This case could easily be costing the Minnesota taxpayers tens of millions of dollars per month above and beyond the \$7,529,962.00 per month this program already is costing; and that does not include appellate costs to appeal this federal case.

## **SOME PER-DIEMS FOR CHEWING**

It costs \$341.00 per day to keep us here

Times 724 = \$246884.00

Per month averages \$10,400.50 per person

Or \$7,529,962.00 per month for everyone

Damages can be as much as 3 X compensatory damages (i.e. if you made \$20.00 per hour in the world it comes to 20 X 40 = \$800.00 per week or \$2,440.00 per month. Triple that of course is: \$7,320.00 per month for just you.

If everyone made minimum wage, this could be costing Minnesota an additional \$3,388,320.00 per month.

That is the low end.

This program could be costing Minnesota taxpayers in upwards of: \$10,918,282.00 per month.

At that point, all we had to do is withdraw and sit back as the rest of the room went crazy with talks of voting out the politicians and talk about how this program should be closed.

Which leads me to this story: If each of us could ask our support system to support us now in this, we could carry this message to the streets.

In that spirit, call home and ask if you're loved-one will start posting these types of figures that *Fat Bastard* has reproduced here to the public at large.

The way to beat these people is to fight! And we need to start fighting again. I won't say your freedom depends on it, because I don't believe that. But your being free this year may very well depend on just that! We need to make the defendants feel uncomfortable.

The way you make a politician feel uncomfortable is to threaten his votes at the poll. Maybe we can't do that by ourselves, but if enough people start talking about the costs of this program together with the dismal chances the MSOP has of winning any kind of an appeal, we may be able to push this the extra mile now.

The reason I say these things is because people keep telling me they don't want to do another year here while they are waiting for the appellate process. As I've always said: If you don't like your situation, do

something about it. All of us have the power collectively to make changes here. Our families can have a big influence on how fast this thing plays out. So call home this week, or write a letter home with this article. Tell your loved-one it is time for you to come home.

For years, my family said: *If there is anything I can do...* Well now there is. If your family want's you out, they can help you out. Ask them to get on the internet for you and start making a difference by spreading the word.



## MSOP is More Dangerous Than Ever

By: Peter Lonergan

I'm sure you all saw the memorandum on the computer network dated: August 13, 2015. It is at: \\msop.dhs\Client\ML Public Folder\MEMOs\Client Memo 8 12 15 Program Modifications.

We are entering a weird time in the MSOP. Staff may start obeying orders from above; orders that do not necessarily want to see you hit the streets. Be extremely careful what you are sharing in groups. You need to ask yourself whether or not history proclaims to you that MSOP will try to help, or hurt you.

In my experience, the MSOP has always tried to hurt me and never help me. If this is your recollection as well, you have to ask yourself: Do I want to meet with this person? Are they going to be truthful and honest?

All of you who have paper left, make sure you are complying with all the conditions of your release. If you don't, you may end up getting sent back to prison.

### Dear Reader:

Just a word or two about our Editor in Chief of this paper, Mr. Branson. I have heard it said that lately most of the articles in this paper have been written by Mr. Branson; and so, it mostly reflects Mr. Branson's opinions. This is true. However! It is only true because Clients and Staff are missing out on a very good opportunity to have their issues and concerns heard by others, and maybe find some help or solutions. Mr. Branson will accept and publish all issues and concerns of Clients and Staff, as long as it is publishable. After all, the very name is "Committed to being heard." Mr. Branson has gone out of his way to give us such a precious opportunity. The very purpose of the paper is to get the word out among all Clients and Staff in the hopes of making our lives better. So what do I mean when I say "publishable"? Well, the First element is: if you don't write it, and send it in, it will not be published. Mr. Branson is not a mind reader; nor is he going to write "your" issues or concerns. Nobody knows your issues or concerns better than you do. So don't leave it to others to explain it. If you don't feel it is worth writing about, than it probably isn't worth bitching about either. In fact, if it's not worth writing about,

it really isn't an issue or concern at all. The second element is: explain the situation. Start from the beginning and "Set the Stage". Remember, your readers know nothing about your issues or concerns. You have to tell them. And try to be objective. Explain it from as many points view as possible. If you only have the one point of view (yours), that's okay too. But you should tell your readers why they should care about your issue or concern. A good thing to remember is: Nobody does anything unless they believe it will better themselves or someone they love. So tell them how your issue or concern will affect them. If you just want to degrade someone, you will have to do that on your own. That's not what this paper is about. If you feel you just can't write well or you have trouble spelling words, that's okay too. Mr. Branson (As Editor in Chief) reserves the right to edit any article submitted. I believe Mr. Branson has given us all (Clients and Staff) a wonderful opportunity to have our voices heard; and maybe find some answers to the questions in our minds. I would think that with all the things going on with the Karsjens case, people would have a lot to talk about. I encourage everyone to write about what they know and share it with everyone here at MSOP through "Committed to being heard". <Bishop>